

Pool Lifeguard Course & Rev 2025 (WSI)



**Location Sean Tracey Memorial swimming pool
Tipperary town**

Course dates July 3,4,5,7,8,9.

Time 7-45 to 4pm.

Re-validation & upgrade Last 3 days of course

Prerequisites Must be 16 years of age at the time of the course

Be able to swim 100metres on front and 100 metres on back

Swim 50 metres in 60 sec or less

Surface dive to a depth of at least 1.8metres

For further information Ring 087-8122175 or jimcriordan@gmail.com

Closing date for application and deposit is 12th Feb or until class is full

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Application form PLG Tipp Starting on July 3rd 2025

Candidate Name

Address

Lifesaving award & date..... Plg expiry date.....

Date of birth..... Email address

Swimming ability Tel. No.....

Pool Lifeguard course cost €490

Re-validation & upgrade €370 (on last 3 days of course)

Certificate at end of all course €60

Deposit of €100 must be sent with application form.

Address "Kenrio", Drombanna, Limerick. V94EKV6

Closing date for deposit is 2nd June 2025 or until class is full (Min no. to run course)

Ring 087-8122175 for any further details

Jim Riordan course organiser

Email jimcriordan@gmail.com